



**Year 11
Leadership Camp and Grand Finale
Kosciuszko National Park**

Dear Student,

This is the capstone program of the 5 years Senior School Outdoor Education Sequence. Set in the High Country, this program utilises Redlands own High Country Campus and nearby Kosciuszko National Park.

Now you have developed the maturity, depth of outdoor experience and personal awareness to choose your own appropriate level of challenge and program style. You have selected from a range of challenges which include a day-walk to full 5-day expedition or for something different, such as a horse riding, skiing or bushwalking journey.

Kosciuszko National Park forms part of the some of the oldest snow-covered alpine landscape in the world and has served as the key platform for the Year 11 Leadership Camp for over a decade. An Australian Alpine experience will provide you with a fantastic opportunity to test your own skills while sharing this truly unique venue with your community of peers.

Integrated in this program is a leadership session aimed at exploring the transition into year 12. This session not only encourages students to take responsibility for their own experience in year 12, but also whilst leading your peers on your final Outdoor Education program. And to finish it off, we will all celebrate the journey on the final evening!

Take the time to prepare yourself well for what will be the most challenging and rewarding Outdoor Education program yet!

Visit: <https://www.oeg.edu.au/school/redlands/>

Password: Shine

Congratulations on completing your Outdoor Education journey .

Have a great trip!

CLOTHING AND EQUIPMENT LIST

All the items listed below are important and must be brought. Only the essentials are needed and these must be light and warm. This is a minimal gear list for the program.

Please bring lunch and snacks on Day 1.

Clothing

Quantity	Item	Check
1	Sturdy Hiking Boots or Walking Shoes (Should have good grip and be worn in)	
1	Water shoes (Old runners are great – no thongs)	
1 pair per day	Socks – “Explorer” type socks are highly recommended	
1 pair per day	Underwear	
2	Thermals – Wool or Synthetic, not cotton	
2	Long pants – Synthetic are best, zip off cargo pants are very useful, NO JEANS	
2	Long Sleeved Shirts with collar – Synthetic, please avoid cotton where possible	
2	Short Sleeved Shirts with collar – Sports shirts are great, NO SINGLETS	
3	Fleece or Wool jumpers – Lightweight and Warm – NO COTTON JUMPERS	
1	Broad Brim Sun Hat	
1	Beanie or balaclava	
2	Gloves – Ski Gloves are preferred but at a minimum wool or fleece gloves	

Personal Items

Quantity	Item	Check
1	Roll of toilet paper (double bagged in two snaplock bags)	
1	Toothbrush & paste, hairbrush, deodorant (no aerosols)	
1	Insect Repellent (20% DEET is good) (no aerosols)	
1	Small towel or chamois	
1	Sunscreen, zinc, lip balm	
1	Labelled personal medications	
1	Feminine hygiene – pads & tampons and handwipes (waterproof in a snaplock bag)	

Equipment

Quantity	Item	Check
1	Sleeping Bag – Synthetic or Down. Rated -5 degrees or below.	
2	Strong (orange “Multix” Brand) garbage bags	
1	Green or black garbage bags – large	
2	Recyclable shopping bags	
2	Large snaplock bags	
2	Large Rubber Gloves – To be worn over wool or fleece gloves to help waterproof	
1	Strong fork and spoon	
1	Strong plastic Bowl and/or plate and mug – large	
1	Cleaning Kit including soapy steel wool, green scourer, chux cloth and tea towel	
1	Head torch and spare batteries	
1	Snow Goggles or Sunglasses – Dark tint or polarised	
1	Whistle (on cord)	
2	Water bottles (1 litre per bottle minimum capacity)	

Optional Items

- ▶ Down Jacket or Vest
- ▶ Neck warmer, buff or scarf – Not cotton
- ▶ Sleeping Bag liner
- ▶ Camera in two plastic bags
- ▶ Diary/journal for writing (including a pen)
- ▶ Light book to read – in two Snaplock bags

OEG will provide the following

- ▶ Tents and Tarps
- ▶ Sleeping mat
- ▶ Water proof pants and jacket
- ▶ Snow Overboots (for snowshoe lines)
- ▶ Lightweight stoves and Fuel
- ▶ Maps and Compasses
- ▶ All specialist safety equipment
- ▶ Group first aid kit
- ▶ Backpacks