

## CAMP MARYSVILLE CLOTHING AND EQUIPMENT LIST

ESSENTIAL ITEMS WHILST AT CAMP MARYSVILLE		
<b>CLOTHING</b>		
2x t-shirts		<input type="checkbox"/>
1x long sleeved shirt		<input type="checkbox"/>
2x warm jumpers	Please pack wool or polarfleece as they'll stay warm if wet	<input type="checkbox"/>
2x short pants	Mid-thigh or longer because of sun and harnesses	<input type="checkbox"/>
1x long pants	Lightweight is good. Jeans are not appropriate	<input type="checkbox"/>
Underwear	1 pair per day, plus one extra	<input type="checkbox"/>
Socks	1 pair per day, plus one extra. Thick woollen socks are great.	<input type="checkbox"/>
Pyjamas	1 set	<input type="checkbox"/>
Thermal underwear	1x top + 1x bottoms	
Sunhat	Wide brim please.	<input type="checkbox"/>
Beanie		
Sturdy enclosed shoes	For walking, running, climbing and hiking	<input type="checkbox"/>
Shoes (spare)	Fully enclosed shoes for wet or muddy activities.	<input type="checkbox"/>
1 x Face mask		<input type="checkbox"/>
<b>BEDDING / PERSONAL</b>		
Pillow	With pillow case	<input type="checkbox"/>
Sleeping bag	Three-season	<input type="checkbox"/>
1x towel		<input type="checkbox"/>
Toiletries	Toothbrush, toothpaste, soap, deodorant (non-aerosol). Feminine hygiene products as required.	<input type="checkbox"/>
<b>OTHER ITEMS</b>		
Day pack	To carry your water bottle, jacket, camera, etc in	<input type="checkbox"/>
Torch	Headtorch is preferable. Plus spare batteries!	<input type="checkbox"/>
Water bottle	2x 1litre bottles (or equivalent)	<input type="checkbox"/>
Sunscreen	30+ SPF	
Insect repellent	Non-aerosol	<input type="checkbox"/>
Plastic shopping bags	For wet / dirty clothes	
Camera	Optional	<input type="checkbox"/>
Pen/pencil/notebook	Optional	<input type="checkbox"/>
Sunglasses	Optional	<input type="checkbox"/>
Thongs	Optional. For shower only.	<input type="checkbox"/>
Personal Medication	Bring at least two doses of any prescribed medication	<input type="checkbox"/>
Day 1 Lunch	You must bring your own lunch for day 1 of camp	<input type="checkbox"/>
<b>CAMPOUT</b>		
Bowl, cup, spoon, fork	Lightweight items for meals cooked outside	<input type="checkbox"/>
Knife, chopping board, stirring spoon	Lightweight items for meals cooked outside	<input type="checkbox"/>
Cleaning kit	Include sponge, scourer, tea towel, and 2 large bin bags	<input type="checkbox"/>
Toilet paper	In a plastic bag	<input type="checkbox"/>
3x self-cater meals	1x breakfast, 1x lunch, 1x dinner + dessert	<input type="checkbox"/>

### DO NOT BRING

<b>Mobile phones</b>	<b>Food containing nuts</b>	<b>Valuable items</b>
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