

CAMP PACKING LIST

PACKING LIST		
CLOTHING		
2 x T-shirts		<input type="checkbox"/>
2 x warm jumper	Wool or polar fleece as they'll stay warm if wet.	<input type="checkbox"/>
2 x shorts /light pants		<input type="checkbox"/>
2 x long pants	For cool weather or at night	<input type="checkbox"/>
Underwear	1 pair per day, plus one extra	<input type="checkbox"/>
Socks	1 pair per day + one extra. Thick woollen socks are great.	<input type="checkbox"/>
Pyjamas	1 sets	<input type="checkbox"/>
Hat	Wide brim please.	<input type="checkbox"/>
Sturdy enclosed shoes	For walking, running, climbing and hiking.	<input type="checkbox"/>
Shoes (spare)	Fully enclosed shoes for wet/muddy activities.	<input type="checkbox"/>
Water clothing (if doing water activities)	Quick dry material top and shorts (bathers can be worn underneath)	
BEDDING / PERSONAL		
Pillow	With pillow case	<input type="checkbox"/>
Sleeping bag	Three-season	<input type="checkbox"/>
1x towel	+ 1 extra for water activities	<input type="checkbox"/>
Toiletries	Toothbrush, toothpaste, soap, deodorant (not spray)	<input type="checkbox"/>
OTHER ITEMS		
Day pack	To carry your water bottle, jacket, camera, etc in	<input type="checkbox"/>
Rain jacket	Must be waterproof and have a hood	<input type="checkbox"/>
Torch	A small torch is fine.	<input type="checkbox"/>
Sunscreen	30+ SPF	<input type="checkbox"/>
Water bottle	2x 1litre bottles (or equivalent)	<input type="checkbox"/>
Insect repellent	Non-aerosol	<input type="checkbox"/>
Garbage Bag (not black)	To put dirty clothes in	
Camera	Optional	<input type="checkbox"/>
Pen/pencil/notebook	Optional	<input type="checkbox"/>
Sunglasses	Optional	<input type="checkbox"/>
Beanie	Optional	<input type="checkbox"/>
Thongs	Optional. For shower only.	<input type="checkbox"/>
Personal Medication	Bring at least two doses of any prescribed medication	<input type="checkbox"/>

CAMPOUT LIST (ONLY NEEDED IF SLEEPING IN A TENT)		
Bowl, cup, spoon	Lightweight items for meals cooked outside	<input type="checkbox"/>
Cleaning kit	Include sponge, scourer, tea towel, and large bin bag	<input type="checkbox"/>
Toilet paper	Placed in a plastic bag	<input type="checkbox"/>

DO NOT BRING		
Mobile phones	Food containing nuts	Valuable items